

# COURSES

## MASSAGE THERAPY

### MSSG 1105 HYDROTHERAPY

1 lec/1 lab (1 Cr.) This course is a study of the use of accepted hydrotherapy and holistic healthcare modalities of external application of temperature for its reflexive effect. Meets the minimum 20 contact hour requirement for licensure. Courses taken in level sequence order or department chair approval.

Credits

1

Distribution

MSSG

Course Fee

Lab fee: \$24

### MSSG 1109 HEALTH & HYGIENE

1 lec/1 lab (1 Cr.) This course is the study of safety and sanitation practices including universal precautions. The importance of proper body mechanics, maintaining a healthy lifestyle, maintaining the massage environment, and the advantage of therapeutic relationships is also included. Meets the minimum 20 contact hour requirement for licensure. Courses taken in level sequence order or department chair approval.

Credits

1

Distribution

MSSG

Course Fee

Lab fee: \$24

### MSSG 1207 BUSINESS PRACTICES & PROFESSIONAL ETHICS

2 lec/1 lab (2 Cr.) This course is a study of physical and financial office practices and marketing. Includes ethical practices for massage therapists as established by law or regulatory agency. Meets the minimum 45 contact hours requirement of licensure. Courses taken in level sequence order or department chair approval.

Credits

2

Distribution

MSSG

Course Fee

Lab fee: \$24

### MSSG 1411 MASSAGE THERAPY FUNDAMENTALS I

2 lec/4 lab (4 Cr.) This course is an introduction to the theory and the application of skills necessary to perform Swedish massage to meet the minimum 96 contact hour requirement for licensure. Reading level 4 and courses taken in level sequence order or department chair approval.

Credits

4

Distribution

MSSG

Course Fee

Lab fee: \$24

### MSSG 1413 ANATOMY & PHYSIOLOGY FOR MASSAGE THERAPY

3 lec/2 lab (4 Cr.) This course offers an in-depth coverage of the structure and function of the human body. Includes cell structure and function, tissues, body organization, and the integumentary, skeletal, muscular, and nervous, and endocrine systems. Emphasizes homeostasis/wellness care. Meets the minimum 75 contact hour requirement for Anatomy and Physiology for licensure. Reading level 4 and courses taken in level sequence order or department chair approval.

Credits

4

Distribution  
MSSG

Course Fee  
Lab fee: \$24

### **MSSG 2130 ADVANCED MASSAGE THERAPY TECHNIQUES**

1 lec/1 lab (1 Cr.) Advanced concepts of Massage. Emphasizes specialized techniques and assessment of client needs to identify a specific plan of care. Courses taken in level sequence order or department chair approval.

Credits  
1

Distribution  
MSSG

Course Fee  
Lab fee: \$24

### **MSSG 2186 INTERNSHIP-MASSAGE THERAPY**

6 external hours (1 Cr.) A work-based learning experience that enables the student to apply specialized occupational theory, skills, and concepts. A learning plan is developed by the college and the employer.

Credits  
1

Distribution  
MSSG

Course Fee  
Lab fee: \$24

### **MSSG 2311 MASSAGE THERAPY FUNDAMENTALS II**

1 lec/5 lab (3 Cr.) This course is a continuation of Massage Therapy Fundamentals I. Emphasizes specialized techniques and assessment of client needs to identify a specific plan of care. Completes the requirements for Massage Techniques for licensure. Courses taken in level sequence order or department chair approval.

Credits  
3

Distribution  
MSSG

Course Fee  
Lab fee: \$24

### **MSSG 2314 PATHOLOGY-MASSAGE THERAPY**

3 lec (3 Cr.) This course covers general discussion of pathologies as they relate to massage therapy. Includes universal precautions and their management in professional practice. Also covers etiology, signs, symptoms, and the physiological and psychological reactions to disease and injury. Meets the minimum 40 contact hour requirement for licensure. Courses taken in level sequence order or department chair approval.

Credits  
3

Distribution  
MSSG

Course Fee  
Lab fee: \$24

### **MSSG 2413 KINESIOLOGY-MASSAGE THERAPY**

4 lec (4 Cr.) This course focuses on applied study of human kinesiology. Muscle movements and dysfunctions will be discussed and palpated. Includes theory and practice of functional muscle testing. Meets the minimum 50 contact hour requirement for licensure. Reading level 4 and courses take in level sequence order or department chair approval.

Credits  
4

Distribution  
MSSG

Course Fee  
Lab fee: \$24