

# STUDENT SERVICES

## COUNSELING, ADVISING, AND ACADEMIC PLANNING

### Counseling

Personal counseling services are available to assist students with adjusting to college life and enhancing personal and social growth. Services available in this area include short-term counseling, drug/alcohol education, sexual assault awareness, and mental health referrals.

### Mentoring

The Mentor Me program is designed to help guide students to be successful over all areas of life in order to increase the likelihood of achieving student academic and life goals. Mentor Me is a wonderful opportunity to help our students learn valuable life skills for overall health, success, and achievement.

### Advising and Academic Planning

Navarro College has a staff of academic advisors who help students make educational and career decisions, select courses, understand transfer requirements, and improve study skills. The academic advisors can assist with career development and arrange for testing to identify the student's abilities, interests, values, and personality traits. For the student who intends to pursue a four-year program, advisors can assist students in accessing online catalogs from colleges and universities of interest.

Navarro College offers a full program of assessment and counseling to assist students in selecting appropriate educational and career directions. Counselors and faculty in the academic transfer area are available to assist students who plan to continue their education at a senior institution. Additionally, the Carl Perkins CTE Success Center and career and technical faculty are available to assist students who are uncertain about their career choices. The personnel in these offices have experience in business and industry and can give first-hand knowledge about various occupations. Whether it is with undecided majors, or with students who have chosen a career program, or with those who have selected a senior college to which they wish to transfer, Navarro College Advisors work one-on-one to design a plan of objectives. This plan, called the degree plan, helps to assure that the student is on an educational path appropriate to his or her abilities and interests. A degree plan is required for all students. One of two "General Studies" degree plans may be utilized for students who have not chosen a major area of study.